



# Aztec Bistro

## Vegan & Gluten Free Menu

### Gluten Free Menu

#### Starters

**Homemade Soup of the Day (v)** £4.95

**Halloumi Fries** served with sweet chilli dip and salad garnish £5.60

**Soup and a Sandwich' Meal Deal** £7.45

Choose from any traditional filled sandwich with your soup

- Bacon, lettuce and tomato • Sliced ham and tomato
- Cheese and pickle • Tomato, cucumber & mixed leaves • Sliced ham & cheese

**Gluten Free Sandwiches** with dressed salad and crisps £6.95

- Devonshire brie & bacon • Roast chicken & bacon mayonnaise
- Prawns in seafood mayonnaise • Tuna mayonnaise & cucumber

**Garlic Bread** £4.25

Sliced gluten free bread smothered in garlic butter and lightly toasted  
Add cheese for 50p

**Aztec Hot Wings** £6.25

Medium spiced chicken wings, with an option of sour cream or guacamole dip

**Prawn Cocktail** £6.50

Served with cos lettuce, sliced gluten free bread and butter

**Loaded Skins** served with leaves and sour cream £6.50

- Bacon & cheese • Chilli beef and cheese • Cheese and Spring onion

**River Teign Mussels** £8.45  
500g River Teign mussels with a gluten free bread

#### Mains

**House Salad** £7.50

Mixed salad, cucumber, cherry tomato, red onion and a drizzle of extra virgin olive oil.  
Choose from hand sliced Devonshire Ham, Monteray Jack cheese or tuna mayonnaise

**Chicken & Pineapple Salad** £8.50

Chargrilled chicken strips, pineapple, rocket, red onion and honey dressing

**Mediterranean Vegetable Chilli** £9.50

Oven roasted vegetables in a tomato and chilli sauce, sour cream and wild rice

**Chilli Beef** £10.25

Ground beef in a tomato and chilli sauce, sour cream and wild rice

**Aztec Falafel Burger** £10.95

Spiced chickpea falafel with lettuce and tomato in a gluten free bun served  
with rustic fries or jacket potato with salad

**Veggie Burger** £10.95

Portobello mushroom and beetroot patty with lettuce, tomato and red onion in  
a gluten free bun served with rustic fries or jacket potato and salad

**Aztec Chicken Fillet** £11.25

A chargrilled breast with a gluten free bun served with salad and rustic fries or jacket potato

**Aztec Cajun Chicken Fillet** £12.25

Cajun spiced chicken fillet, bacon, melted cheese with a gluten free bun with salad and  
rustic fries or jacket potato

**Hunters Chicken** £12.45

A chargrilled chicken breast topped with bacon, BBQ sauce and melted cheese, served with  
rustic fries and salad

<b>Lemon and Honey Glazed Chicken Skewers</b>	<b>£12.95</b>
Two chargrilled chicken skewers, marinated in lemon and honey, roasted vegetables, dressed leaves, coleslaw, and sour cream, with rustic fries or rice	
<b>Lemon Sole</b>	<b>£14.25</b>
Pan fried fillet of lemon sole served with lemon and dill butter, mashed potatoes or rustic fries with salad	
<b>Fillet of Salmon</b>	<b>£15.25</b>
Pan fried salmon fillet served with rocket leaves, baby spinach, Fresh chilli, ginger and spring onion butter sauce, rustic fries or mash	
<b>8oz Sirloin Steak</b>	<b>£15.65</b>
8oz sirloin steak cooked to your liking, garlic mushrooms, fries and coleslaw.	
<b>Kids meals:</b>	
Beef burger served with jacket potato and peas or beans	<b>£4.45</b>
Cheeseburger served with jacket potato and peas or beans	<b>£4.95</b>
Ham, cheese and tomato sandwich	<b>£4.25</b>
<b>Sides:</b>	
Rustic fries	<b>£3.75</b>
Gluten free garlic bread slices	<b>£4.25</b>
Gluten free cheesy garlic bread slices	<b>£4.75</b>
Beans and peas	<b>£1.25</b>
Sweet Potato Fries	<b>£3.95</b>

## Vegan Menu

### Starters

<b>Homemade Soup of the Day</b> <i>served with sliced vegan bread</i>	<b>£4.95</b>
<b>Garlic Bread</b>	<b>£3.95</b>
Sliced vegan bread drizzled with garlic oil and lightly toasted Add vegan cheddar cheese for £1	
<b>Loaded Skins Served with dressed leaves</b>	<b>£6.50</b>
Vegan cheddar cheese and spring onion Mediterranean vegetable chilli and vegan cheddar cheese	
<b>Smothered Nachos</b> (serves two) Add jalapeños for 75p	
Corn chips, cheddar vegan melted cheese, spicy salsa, and guacamole	<b>£7.95</b>
Topped with Mediterranean vegetable chilli	<b>£8.45</b>

### Main courses

<b>Jacket Potato</b> <i>served with salad and dressed with olive oil</i>	
Simple	<b>£4.75</b>
Baked Beans	<b>£5.65</b>
Vegan Cheddar Cheese	<b>£6.45</b>
Vegetable Chilli	<b>£6.95</b>
<b>House Salad</b>	<b>£5.95</b>
Mixed salad, cucumber, cherry tomato, red onion and a drizzle of olive oil. Add vegan cheddar cheese for £1.50	
<b>Mediterranean Vegetable Chilli</b>	<b>£9.50</b>
Oven roasted vegetables in a tomato and chilli sauce served wild rice	
<b>Spaghetti Passata</b>	<b>£9.50</b>
Spaghetti pasta in rich tomato sauce and basil sauce	
<b>Five Beans and Spinach Madras Curry</b>	<b>£9.75</b>
Served with basmati wild rice and mango chutney	
<b>Aztec Falafel Burger</b>	<b>£10.95</b>
Spiced chickpea falafel with lettuce and tomato in a vegan bun served with rustic fries or jacket potato with salad	
<b>Veggie Burger</b>	<b>£10.95</b>
Portobello mushroom and beetroot patty with lettuce, tomato and red onion in a vegan bun served with rustic fries or jacket potato and salad	

### Desserts

<b>Vegan Ice Cream</b>	
Choose from vanilla or chocolate flavours	
1 Scoop	<b>£1.50</b>
2 Scoops	<b>£2.50</b>
3 Scoops	<b>£3.50</b>

Please make our staff aware you are ordering a gluten free meal when paying.

[www.tlh.co.uk/aztec-bistro](http://www.tlh.co.uk/aztec-bistro)