



RBS



NATIONS®

lands at

Alberts

The Rugby Six Nations is with us again here in Alberts! Why not watch with us on **TWO HUGE SCREENS** and enjoy a beer while shouting on your home nation (only if it's ENGLAND!). There is also live **PREMIER LEAGUE FOOTBALL!** We have both Sky Sports HD and BT sport.

THE TEAMS EXPLAINED



ENGLAND

The former World Cup hosts need a big Six Nations. Powerful forwards, talented backs. Enjoy beefcake Billy Vunipola's bulldozing runs and Mike Brown's mazy sprints.



WALES

Winners in 2012 and 2013 but poor last year. Expect passionate, exciting rugby. Look out for Leigh Halfpenny's laser-guided kicks and George North's electric runs.



IRELAND

The 2014 champs are promising open, free-flowing rugby. Johnny Sexton and Rob Kearney are the key playmakers, while 6ft 6in captain Paul O'Connell leads the pack.



SCOTLAND

Awful in recent years, but they've made huge improvements under new Kiwi coach Vern Cotter. Finn Russell and Mark Bennett have the creative mojo to change a game.



FRANCE

Magnifique or mal? Nobody knows. The exciting Camille Lopez, Teddy Thomas and Wesley Fofana ooze talent but coach Philippe Saint-Andre is always under fire.



ITALY

500/1 outsiders, their aim is to not finish last. But wily forwards Sergio Parisse, Martin Castrogiovanni and Leonardo Ghiraldini make life hard for opponents.

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Meet the Team!



Chad - Manager

A 26 year veteran And has a strange wealth of knowledge about local bus services! He will be normally seen with a coffee in hand. **Favourite quote:** "decaf coffee is a waste of water".



Bart - Assistant Manager

Bart is our resident footballer (every bar has one!) not up to premier league standard but he will tell you different!, always has a joke or two up his sleeve. **Favourite quote** "I never get weekend off!".

Karolina - Bar Supervisor

Karolina is always on the go! You will generally see her rushing around with a cloth in her hand mumbling under breath in her native language. **Favourite quote:** "where's ME scissors!".



Jasmine - Bar Veteran

Jasmine has been here the longest as a member of staff (she will remind you!). A good person and overall good worker. **Favourite quote:** "I haven't had any dinner yet".



Zoe - Bar

What can you say about Zoë .. Loud, in your face , she is the fun side of our bar if you don't see her you will hear her! **Favourite quote:** "deeeaaaan".



Jordan - Bar

Jordan is our very own film star ...he was involved in filming a Bollywood film! ..unfortunately he can't find it online or just maybe he is not looking on the right sites! **Favourite quote:** "I can't work that shift".

Fixtures:

ROUND 1

Sat 4 Feb

Scotland v Ireland

14.25

England v France

16.50

Sun 5 Feb

Italy v Wales

14.00

ROUND 2

Sat 11 Feb

Italy v Ireland

14.25

Wales v England

16.50

Sun 12 Feb

France v Scotland

15.00

ROUND 3

Sat 25 Feb

Scotland v Wales

14.25

Ireland v France

16.50

Sun 26 Feb

England v Italy

15.00

ROUND 4

Fri 10 Mar

Wales v Ireland

20.05

Sat 11 Mar

Italy v France

13.30

England v

Scotland 16.00

ROUND 5

Sat 18 Mar

Scotland v Italy

12.30

France v Wales

14.45

Ireland v

England 17.00

10 rules for watching rugby in a bar

What to order at the bar: "A pint of Guinness is an essential accompaniment for a rugby match."

What not to order at the bar: "You wouldn't get many rugby fans ordering a Piña Colada."

What to eat: "Whether it's pre- or post-match, you can't go wrong with a classic pie or curry."

What not to eat: "Nothing too garlicky when you're in a cosy pub environment. Enough said."

What to snack on: "Crisps are a favourite amongst rugby fans, although as a player sadly I couldn't indulge too much."

What not to snack on: "Again, nothing too smelly like strong cheese flavours."

What to wear: "I love to see a crowd dressed up in their team's shirts."

What not to wear: "No big hats as you'll only annoy the people sitting behind you."

How to celebrate: "Hug your neighbour. Really. There is nothing wrong with a bit of man love. Just not too long!"

How not to celebrate: "Pour your pint over the opposing team's supporters. Bad idea."

Live music every Friday from 9pm

Guide to playing positions

FRONT ROW: Without a doubt the manliest men on the pitch. Large, often hairy, beer swilling carnivores that can and will smash anything in their path. Revelling in the violence inherent in the scrum, they are rarely considered "nice" people, and in fact to some they aren't even considered humans at all. Front rowers tolerate this attitude far and wide because they recognize their role at the top of the food chain and are used to suffering the fools that surround them.

LOCKS: Slightly below the front row on the food chain. As with front row players it is inadvisable to put an appendage you wish to keep near this group's maw when they are in the feeding mode. This group of large, often foul-smelling brutes is also more than willing to relish the finer points of stomping on a fallen opponent's body and will gleefully recount the tale ad infinitum.

BACK ROW: These are fine, fit fellows who get easily confused as to what their role in life should be. While they know they are undeniably linked to the forwards, there are those among them who long for the perfect hair and long flowing gowns that come with being a back. Some relish the forward role and will do anything to win the ball and there are others within this group that will break the prime directive of the forward and do anything to prance foolishly with the ball.

SCRUM HALF: Some like to think of this back as an honorary forward. I myself tend to think of the No. 9 as half a fairy. While the toughest back almost always fills this position, this idea is almost laughable. The scrum half's presence is tolerated by the forwards because they know that he will spin the ball to the rest of the girls in the backline who will inevitably knock the ball on and allow them the pleasure of another scrum.

FLY HALF: His primary role is the leader of the backs - a dubious honour at best. Main responsibilities as far as I can tell are ability to throw the ball over people's heads and to provide something soft for opposing back rowers to land on. Expected to direct the prancing of the rest of the backline - the fly half, like any good Broadway choreographer, is usually light on his feet.

CENTRES: Usually come in two varieties: hard chargers or delicate flowers. The hard charger is the one to acquire, as he will announce his presence in a game with the authority rarely found above No. 8. The delicate flower is regrettably more common and will usually attempt to avoid contact at all costs. The flitting fairy is also only one good smack away from bursting into tears and leaving the pitch to cry on the shoulder of his inevitable girlfriend.

BACK 3: While some people refer to this group as two wingers and a fullback, I swear to God I can't make out any difference between them. They are all bleeping bleeps if you ask me. How these three guys can play 90 minutes of RUGBY and stay clean and sweat free is beyond me. I know for a fact that their jerseys sometimes go back in the bag cleaner than when they came out.



Try our rugby inspired menu

The 6 Nations - £8.95

Albert's cheese burger with bacon & egg

The Lineout - £3.95

Loaded toppers with nachos

The Scrum - £9.95

Bucket of fiery chicken

The Drop Goal

Tapas deal 3 for £10

The Knock On - £5.95

Jacket potato with chilli & cheese



2 MEALS FOR £12 • See main menu for choices

KARAOKE NIGHTS



Come and sing your heart out every Saturday evening.

Chris Jackson's Karaoke nights take place from **8.30pm** - guaranteed to bring out the diva in you!

FRIDAY NIGHTS LIVE



Live music every Friday evening

Join us and our fantastic guest artists including Jason Howard and Paul Anthony. The music starts at 9.00pm

Children eat for £1

1 child can eat for £1 from the children's menu with every full paying adult over £7.95. Offer also valid with 2 for £12.



BURGER STACKS

A top choice - pick one of our delicious locally-made burgers - beef, lamb & mint and classic cheeseburger. Then make it a stack with our 2 for £1 extra stack options:

- Mushrooms • Pineapple
- Onion rings • Bacon • Fried egg

Come rain or shine... Indoor fun for all the family

10 PIN BOWLING

4 lanes fully automated with ramps & side barriers
10am-6pm: £3 per person per game; 6-10pm: £4 per person per game. Pre-booking of lanes is advisable.

AZTEC SOFT PLAY

Fabulous indoor play area with slides, shutes, ball pool and toddlers' area. Hotel guests free. Non-residents: £3 for first child / £1.50 for each additional child. Food available 11-6pm

ARCHERY

3 target lanes. Sessions lead by qualified instructors. Available selected days. £5 pp for 1 hour. Must be pre-booked. Age limit: 12 years



 **Aztec Games**

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